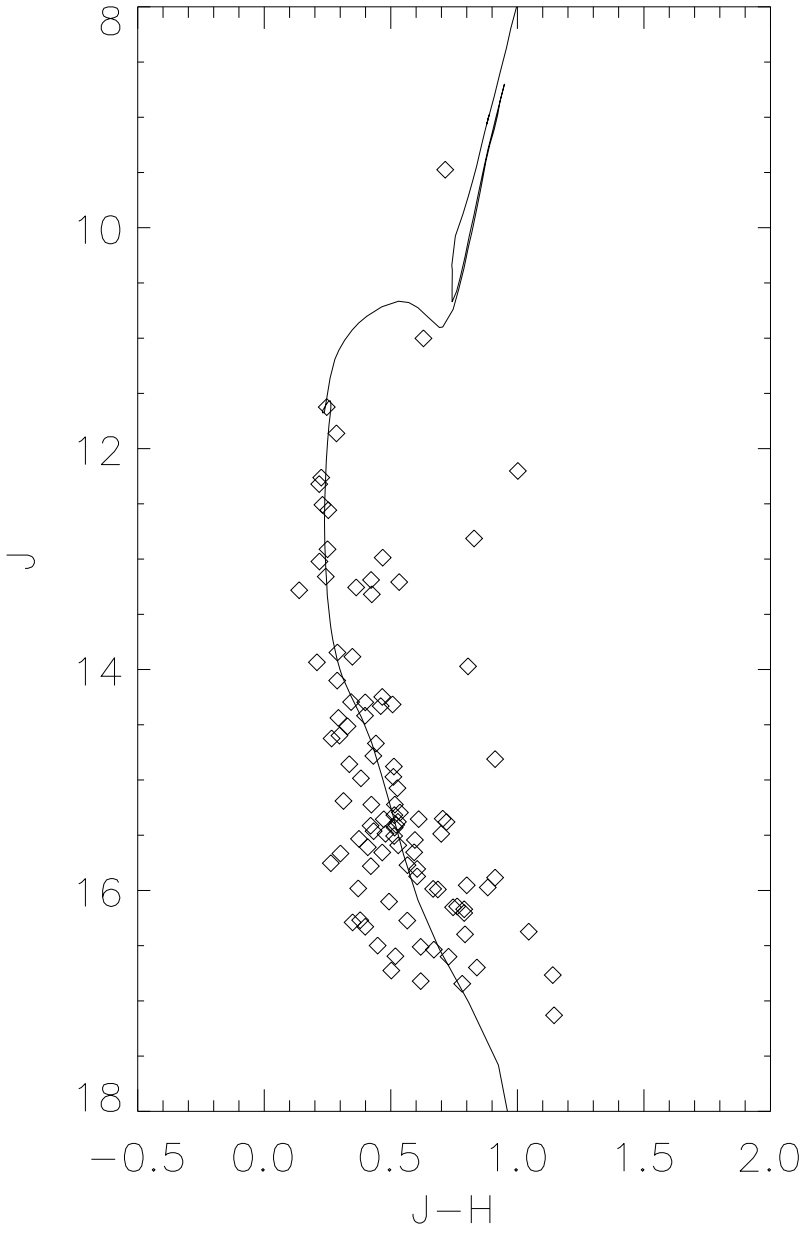
8
10
12
14
16
18
J
−0.5
0.0
0.5
1.0
1.5
2.0
J−H