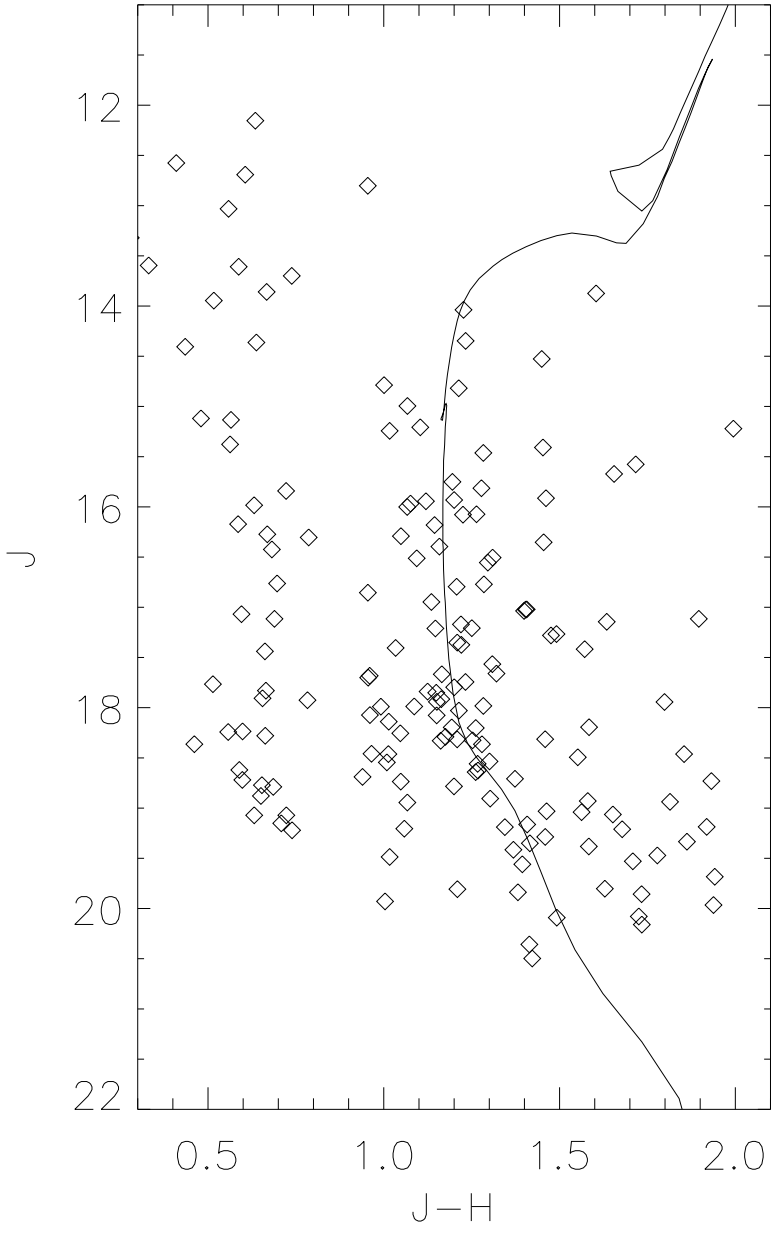
12
14
16
18
20
22
J
0.5
1.0
1.5
2.0
J−H